





# CLASS SCHEDULE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
09:15 to 10:30	 <b>MOTHER'S CLASS</b>	 <b>MOTHER'S CLASS</b>	 <b>MOTHER'S CLASS</b>	 <b>MOTHER'S CLASS</b>	 <b>MOTHER'S CLASS</b>	11:00 to 11:50 <b>PRIVATE LESSON</b>
1:30 to 3:30	OPEN	OPEN	OPEN	OPEN	OPEN	
3:45 to 4:20	<b>Tae Kwon Do</b> <i>White / Yellow / Orange</i> FORMS TRAINING	<b>Tae Kwon Do</b> <i>White / Yellow / Orange</i> FORMS TRAINING	<b>Tae Kwon Do</b> <i>White / Yellow / Orange</i> ACTIVITIES	<b>Tae Kwon Do</b> <i>White / Yellow / Orange</i> KICKING TRAINING	<b>Tae Kwon Do</b> <i>White / Yellow / Orange</i> KICKING TRAINING	
4:30 to 5:15	<b>Tae Kwon Do</b> <i>Green / Blue / Purple</i> FORMS TRAINING	<b>Tae Kwon Do</b> <i>Green / Blue / Purple</i> FORMS TRAINING	<b>Tae Kwon Do</b> <i>Green / Blue / Purple</i> SPARRING TRAINING	<b>Tae Kwon Do</b> <i>Green / Blue / Purple</i> KICKING TRAINING	<b>Tae Kwon Do</b> <i>Green / Blue / Purple</i> KICKING TRAINING	
5:30 to 6:15	<b>Tae Kwon Do</b> <i>Brown / Red / Red / Black</i> FORMS TRAINING	<b>Tae Kwon Do</b> <i>Brown / Red / Red / Black</i> FORMS TRAINING	<b>Tae Kwon Do</b> <i>Brown / Red / Red / Black</i> SPARRING TRAINING	<b>Tae Kwon Do</b> <i>Brown / Red / Red / Black</i> KICKING TRAINING	<b>Tae Kwon Do</b> <i>Brown / Red / Red / Black</i> KICKING TRAINING	
6:30 to 7:15	<b>Black Belt Class (Forms)</b>	<b>Black Belt Class (Breaking)</b>	<b>Black Belt Class (Sparring)</b>	OPEN	OPEN	
7:30 to 8:15	OPEN	OPEN	OPEN	<b>Black Belt Class (Kicking)</b>	<b>Black Belt Class (Self Defense &amp; Weapon)</b>	



"Persistence is the root of success. Let nothing come between you, achieving your goals in the martial arts, and in life. See you in class!"



## MBS TAE KWON DO ACADEMY

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